

Welcome Message

Dear Friends,

Welcome back for REPLAY [Take 2]! Tonight, we're thrilled to share another studio session show with you.

This is where our performers get to play... to take creative risks, reimagine their favourite pieces, and share works in progress alongside polished new acts.

You'll see students and instructors all pushing boundaries and exploring what's possible.

Each performance represents courage, creativity, and countless hours of dedication in the studio.

So settle in, cheer loudly, and enjoy!

Emily Garrod-Cox **Director, Secret Circus**



Fern Goodliffe



W[o/a]nder

Performer: Fern Goodliffe

Music: Imaginary by Evanescence

Fern has been training aerial for over a decade, but it was Replay last year where she felt her performer wings start to unfurl.

Tonight, Fern continues that journey of artistic discovery with a new apparatus. This act captures the wonder of stepping into unfamiliar territory with playfulness and a sense of curiosity.

For Fern, this performance is about honouring both the decade of skill she's built and the performer she's still becoming – proving that there's always room to grow and explore.



Sherri Swann



Love

Performer: Sherri Swann

Music: A Thousand Years by Christina Perri

"The music I'm performing to, I walked down the aisle to at my wedding in July last year. I've always loved this song and wanted to perform a silks routine to this. I couldn't do it at the Love show in February, something to do with going on my honeymoon to the Maldives!"

Tonight, Sherri finally presents a silks routine set to the song that marked one of the most meaningful moments of her life.

This act is a celebration of forever love... the kind that endures and lifts you up. For Sherri, performing to this music is about honouring that commitment and sharing the joy of a love that will last a thousand years.



Ellen Paver



Love Enduring

Performer: Ellen Paver

Music: Little Fortune by Katie Sharbaugh

Ellen is a seasoned aerialist who first performed this piece in February of this year, and tonight she brings it back to share with you once more.

This moving, heartfelt tribute to a friend reminds us of simpler times and the enduring power of friendship. Through graceful movement and emotional storytelling, Ellen captures the essence of connection that withstands the passage of time.

It's an emotional piece with moments that will capture your heart.



Sophie Williamson



Tangled Dreams

Performer: Sophie Williamson

Music: Bird Set Free by Sia

Sophie discovered aerial silks just one year ago, and tonight marks her very first showcase performance.
"Tangled Dreams" captures Sophie's creative journey – the dream of weaving individual moves into something cohesive, the exploration of how they flow and connect, and the courage to stay open to new possibilities.

Sophie's act celebrates the beauty of experimentation and the freedom that comes from not being afraid to fail. Each wrap, each transition, represents Sophie's willingness to try, to tangle, to untangle, and to discover what emerges when you let yourself play in the air.

This performance is about embracing the messy, magical process of creation and the joy of finally setting a dream free.



Jenn Durrett



Free Animal

Performer: Jenn Durrett

Music: Free Animal by Foreign Air

Since discovering aerial arts in 2011, Jenn has evolved from static trapeze to finding her home on the aerial hoop, blending her experience in dance, colour guard, rhythmic gymnastics, and professional film work.

Jenn first performed this act in our Equinox showcase earlier this year. It explores the feeling of coming back to life in Spring and invites the audience to experience a journey of sensual awakening.

Departing from her signature high-energy style, this performance is about slowing things down to savour the moment.



Fern Goodliffe



Not Your Scapegoat

Performer: Fern Goodliffe

Music: Playground Voodoo by Obsessive Compulsive

"This piece is one of several helping me explore, process and heal from a challenging relationship. I'm grateful to my friends, family, and everyone at Secret Circus for helping me get through and free."

This is a powerful act of reclamation. Through raw, honest movement, Fern transforms pain into strength, using aerial as a space to process, to heal, and to declare her freedom.

It's a testament to the healing power of creative expression and the importance of community in our darkest moments.



Lea Murch



Pride

Performer: Lea Murch

Music: Beautiful by Christina Aguilera

Lea is a proud bi woman and disabled aerialist who debuted as an aerial performer earlier this year. She found so much joy, beauty and empowerment in the creative process that she is now hooked.

This piece was originally performed at Poole Pride. The act is about unearthing strength buried beneath insecurities and challenges, and embracing yourself with joy.

"I find it difficult to balance my health and physical challenges around many types of movement, so I am incredibly thankful to have found a movement pathway which allows me to thrive, invest in self-growth, and also support the community we have here at Secret Circus."



Gemma Joyce



Exploration

Performer: Gemma Joyce

Music: Aberration by Joseph Trapanese

Gemma is a primary teacher by day and aerial artist by night. She says: "Circus is my sanctuary."

Tonight, Gemma considers waking up as an alien encountering a hoop for the very first time. What is this circular object? How does it move? How does my body move within it?

This act uses instrumental music, allowing the audience to focus purely on the discovery unfolding in the air. Each moment captures curiosity, wonder, and the joy of experiencing something entirely new.



Sophie Anderson



Just A GirlPerformer: Sophie Anderson

Music: Just A Girl by No Doubt

Sophie is 15 years old and has been training in circus for five years. She feels like she has grown up alongside the Secret Circus family, who have supported her every step of the way.

Circus and performing are how Sophie expresses herself. She says girls are sometimes seen as weaker, but tonight's performance is a display of uniqueness and strength.

This act celebrates being young, fierce, and unapologetically strong. Sophie proves that being "just a girl" means being extraordinary.



Curtain Call

With special thanks to...

Our Performers:

Every student and instructor who has poured their heart and soul into this show.

Our Technical Team:

Producer: Sarah Phillips Director: Emily Garrod-Cox Rigging: Emily Garrod-Cox

Our Venue:

The Project Climbing Centre

YOU:

Your support is greatly appreciated. Thank you for being part of our aerial family.



Feeling inspired?

If tonight has sparked something in you, we'd love to welcome you to Secret Circus.

It doesn't matter if you've had some experience or if you're a total beginner.

There's a place for you here.

We offer classes for all ages and levels across a range of disciplines. Whether you're looking to try something new, challenge yourself, or find your sanctuary (like so many of our performers tonight), Secret Circus is here to support you.

Visit our website: www.secretcircusagency.co.uk

Or get in touch with any questions: secretcircusgirls@gmail.com





SECRET CIRCUS ADULT CLASSES

FROM 1 SEPTEMBER 2025

DAY	CLASS	TIME
Mon	Aerial Hoop	18:35-19:35 PM
Mon	Inter/Adv Hoop and Silks	19:45-20:45 PM
Tues	Aerial Silks	18:20-19:20 PM
Tues	Aerial Hoop and Silks	19:30-20:30 PM
Weds	Aerial Silks	18:20-19:20 PM
Weds	Aerial Hoop	19:30-20:30 PM
Thurs	Tumbling & Acrobatics	18:20-19:20 PM
Thurs	Partner Acrobatics	19:30-20:30 PM
Fri	Creation class	18:20-19:20 PM
Fri	Silks and Sling	19:30-20:30 PM
Sat	Aerial Hoop	12:30-13:30 PM
Sat	Aerial Silks	12:30-13:30 PM





Secret Circus Kids

KIDS CLASSES

what we do

Our weekly kids classes are designed to be fun and creative, offering aerial circus experiences in a safe and inclusive environment. These classes are not only enjoyable but also aim to enhance gross motor skills, coordination, and team building, while helping to boost self-confidence and resilience.

We prioritise teaching that allows each child to progress at their own pace. The classes cover:

- Aerial skill acquisition on hoop, silks, and sling
- Floor-based acrobatic exercises
- Creative movement

timetable

DAY	CLASS	TIME
Mondays	6-9: Aerial Circus	4.10 - 5.10 PM
Mondays	9-12: Aerial Circus	5.15 - 6.15 PM
Tuesdays	9-12: Aerial Circus	5 - 6 PM
Saturdays	6-12: Aerial Circus	11 AM - 12 PM

